



Moorside High School

# Personal, Social, Health Education Policy 2020/21

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Date Reviewed: ..... September 2020 .....  
Date of Next Review: ..... September 2021 .....  
Reviewed by: .....Teaching & Learning ...

September 2020

## Aims of the Curriculum

- PSHE education is a school subject which aims for pupils to develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepare for life and work in modern Britain.
- Our Programme of Study for PSHE education aims to develop the skills and attributes such as resilience, self-esteem, risk-management, team working and critical thinking,
- Evidence shows that well-delivered PSHE programmes have an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged.
- The National Curriculum states that 'all schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice'. (PSHE Association)
- PSHE education also contributes to the schools' statutory duties, outlined in the Education Act 2002 and the Academies Act 2010, to provide a balanced and broadly-based curriculum and is essential to Ofsted judgements in relation to personal development, behaviour, welfare and safeguarding (PSHE Association).

**This policy is intended to be closely linked to the schools 2020 RSE Policy.**

### What are we trying to achieve?

PSHE education helps pupils to develop the knowledge, skills and attributes they need to manage many of the critical opportunities, challenges and responsibilities they will face as they grow up and in adulthood.

By teaching pupils to stay safe and healthy, and by building self-esteem, resilience and empathy, an effective PSHE programme can tackle barriers to learning, raise aspirations, and improve the life chances of all, including the most vulnerable and disadvantaged pupils.

There is evidence to show that PSHE education can address teenage pregnancy, substance misuse, unhealthy eating, lack of physical activity, and emotional health. The skills and attributes developed through PSHE education and through high quality Careers are also shown to increase academic attainment and attendance rates, particularly among pupils eligible for free school meals, as well as improve employability and boost social mobility

### How do we organise our Curriculum?

Our curriculum is grouped into 5 core themes:

- **Health and Wellbeing** (Led by Maria Dunning-Mansell)
- **Literacy/PSD** (Led by Ellie Morley)
- **Citizenship/Financial Capability** (Led by Clair Mickleburgh)
- **Enterprise** (Led by Asim Qayyum- focus on KS4)
- **Careers Education-statutory** (Led by Lee Gordon, Level 6 qualified Careers Advisor)

These themes are delivered across 5 Challenge Days a year, by teams of specialised in-house staff, who focus on one theme to develop their knowledge, skills and understanding in order to have significant impact. Additionally this expertise is enhanced by the wider school curriculum and the use of outside experts from universities, employers, mental health charities, drugs charities, the School Nurse and NHS Sexual Health teams. As Careers Education is statutory, the team see all year groups each year and this is supplemented by themed group sessions, individual interviews, daily lunchtime drop-ins, individualised action

plans, parental meetings, trips to universities, local colleges and employers and a week's work experience in Year 11.

### PSHE Curriculum Overview in KS3 and KS4

	Year 7	Year 8	Year 9	Year 10	Year 11
PSD-literacy Relationships	<b><u>Relationships-</u></b> Team Building/ Friendships.	<b><u>Relationships-</u></b> Bullying.	<b><u>Relationships-</u></b> Revision Skills.	<b><u>Magazine Production</u></b> Sports. Puzzles/motor. Agony Aunt/horoscope Film/music. Celebrity/Fashion.	YEAR 11 LEFT
Enterprise	Non- alcoholic cocktails/marketing/packaging etc.	Feed for a Fiver.	Dragons Den. Keele Perfect Uni.	Rollercoaster challenge. Keele Business Challenge.	E-Safety. Money Management Functional Skills.
Citizenship/ Financial Capability	Well Dressing for Werrington and its financial organisation-Community Group.	Police/PCSOs. Role of the Law. Mental Health Criminal/Civil Law. Pay and Income Tax. Knife Crime.	Refugees and Charities. Sponsored walk- Citizens Advice Bureau. Yr 8.	Community Cohesion. FGM. British Values. Preventing Radicalisation. Normal Rights.	Pol Parkes. Pressure Groups. Budget. Electoral Systems. Democracy & Dictatorship. Governance of the UK.
<b><u>Careers</u></b> (Statutory with non-statutory POS)	<b><u>Real Game</u></b> Importance of aspirations. Reality of Jobs. Budgeting. Planning a holiday. Redundancy and transferable skills.	<b><u>Options.</u></b> Decision making. KUDOS - match likes to careers. Options at 16. School GCSE options. Real-life choices & economic climate. Keele: a path to university	<b><u>Skills &amp; Further Knowledge</u></b> 21 <sup>st</sup> Century work skills. Networking pt 1. The Career Journey. Building personal skills. Keele: Uni, of course you can A career in construction for all of you?	<b><u>Prepare for Y11</u></b> Employment law. CVs & letters of application. Interview skills pt 1. Keele: What is HE really about? Intro to apprenticeships. Networking pt 2.	<b><u>Work Exp de-brief.</u></b> Update CV's/letters of application after work experience. Interview skills pt 2. Work Exp leaflets: advice for Y10s. How to find an apprenticeship. Keele: Why Uni? Work exp awards.
Health (Sex Ed statutory with non-statutory POS)	Puberty. Healthy eating. Personal hygiene. Sun awareness. Internet safety. Teamwork/ Sport. Mental health	Relaxation and stress. Skip for life. 5 a-day healthy eating. Prejudice and discrimination. Promoting a positive self.	Sex ed. Sex and the law. Contraception Relationships and social considerations STIs. Smoking and Alcohol.	Alcohol. STIs. Well-woman/man. Mental health/depression. Drugs. Pornography	Alcohol/ smoking. Chlamydia. Mental Health. Hidden Sugars. Parenthood. Crash course/Fatal Four.



